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Don't wait until it hurts!

Name: _____ Date: _____

Periodontal disease, or gum disease, is painless. It affects 87% of the population, but most of those people are unaware of the problem. There are warning signs and we want you to be aware of them.

1. Do your gums bleed when you brush your teeth, floss, or use a toothpick? Yes No
2. Are your gums red, swollen or tender? Yes No
3. Are your gums pulling away from your teeth? Yes No
4. Do you see blood or pus between your teeth and gums when the gums are pressed or brushed? Yes No
5. Are your permanent teeth loose or spreading apart? Yes No
6. Is there any change in the way your teeth fit together when you bite? Yes No
7. Do you have chronic bad breath? Yes No

If the answer to any of these questions is "yes," you owe it to yourself to tell your dentist or hygienist. It could mean you have gum disease. Don't wait until it is too late!